

Some standard notation

Last time, we talked about decay rates for atomic populations and coherences

$$\frac{\partial \rho_{aa}}{\partial t} = -\gamma_a \rho_{aa} + \dots$$

$$\frac{\partial \rho_{bb}}{\partial t} = -\gamma_b \rho_{bb} + \dots$$

$$\frac{\partial \rho_{ab}}{\partial t} = -\gamma_{ab} \rho_{ab} + \dots$$

Typically, two relaxation times are assigned to an atomic transition (for a given experiment)

T_1 - $1/e$ decay time of the population difference
 T_2 - " " " of the induced dipole

This notation originated from describing atomic spins in NMR.

For a pure radiative decay (spontaneous emission) $T_1 \approx \frac{1}{\gamma_a} + \frac{1}{\gamma_b}$ (if $\gamma_a \gg \gamma_b$)

$$\gamma_{ab} = \frac{\gamma_a + \gamma_b}{2}$$

$$T_2 = \frac{1}{\gamma_{ab}} = \frac{2}{\gamma_a + \gamma_b}$$

In case of additional dephasing $\gamma_{ab} = \frac{\gamma_a + \gamma_b}{2} + \gamma_{dph}$

$$T_2 = \frac{1}{\gamma_{ab}} = \frac{1}{\frac{\gamma_a + \gamma_b}{2} + \gamma_{dph}}$$

In systems with many emitters, it is also common to introduce T_2^* - decoherence rate that includes inhomogeneity within the ensemble, when we take the ensemble average.

Absorption and amplification of light in a resonant atomic medium

Wave equation

$$-\nabla^2 \vec{E} + \frac{1}{c^2} \frac{\partial^2 \vec{E}}{\partial t^2} = -\mu_0 \frac{\partial^2 \vec{P}}{\partial t^2} \quad \vec{P} = N \langle \vec{d} \rangle$$

effect of the atoms

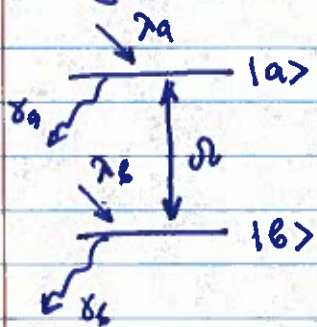
Assuming $\vec{d} \parallel \vec{E}$ $\langle \vec{d} \rangle = \langle a | -e\mathbf{r} | b \rangle (|a\rangle\langle b| + |b\rangle\langle a|)$
 Slowly varying amplitude and phase approximation

$$\frac{\partial E_0}{\partial t} + \frac{1}{c} \frac{\partial E_0}{\partial t} = \frac{ik}{2\epsilon_0} P_0 \quad P_0 = \epsilon_0 \sum_{ab} \tilde{S}_{ab}$$

Thus, to calculate changes in EM field caused by atoms, we need to find \tilde{S}_{ab} (off-diagonal density matrix element)

$$i\hbar \frac{\partial \hat{S}}{\partial t} = [\hat{H}, \hat{S}] + \langle \text{decay terms} \rangle + \langle \text{repumping terms} \rangle$$

Let's consider ~~the~~ a general two-level system



γ_a, γ_b - decay rates of $|a, b\rangle$
 λ_a, λ_b - pumping rates — " —
 γ_{ab} - decoherence rate of S_{ab}
 $\Delta = \omega - \omega_{ab}$

Maxwell-Bloch equations

$$\begin{cases} \dot{S}_{ab} = -(\gamma_{ab} - i\Delta) S_{ab} + i\Omega (S_{aa} - S_{bb}) \\ \dot{S}_{aa} = \lambda_a - \gamma_a S_{aa} - i\Omega (S_{ba} - S_{ab}) \\ \dot{S}_{bb} = \lambda_b - \gamma_b S_{bb} + i\Omega (S_{ba} - S_{ab}) \end{cases}$$

The steady-state solution $\frac{\partial \rho_{ij}}{\partial t} = 0$

$$\rho_{ab} = i\Omega \frac{\rho_{aa} - \rho_{bb}}{\gamma_{ab} + i\Delta}$$

$$\rho_{ba} - \rho_{ab} = \Omega(\rho_{aa} - \rho_{bb}) \left[-\frac{i}{\gamma_{ab} + i\Delta} - \frac{i}{\gamma_{ab} + i\Delta} \right]$$

$$= -i\Omega(\rho_{aa} - \rho_{bb}) \frac{2\gamma_{ab}}{\gamma_{ab}^2 + \Delta^2}$$

$$\rho_{aa} = \frac{1}{\gamma_a} (\lambda_a - i\Omega(\rho_{ba} - \rho_{ab}))$$

$$\rho_{bb} = \frac{1}{\gamma_b} (\lambda_b + i\Omega(\rho_{ba} - \rho_{ab}))$$

No applied EM field ($\Omega = 0$)

$$\rho_{aa}^{(0)} - \rho_{bb}^{(0)} = \frac{\lambda_a}{\gamma_a} - \frac{\lambda_b}{\gamma_b} = \Delta \rho_0 \quad \text{unsaturated population difference}$$

With the applied field

$$\rho_{aa} - \rho_{bb} = \Delta \rho_0 - 2\Omega^2 \underbrace{\left(\frac{1}{\gamma_a} + \frac{1}{\gamma_b} \right)}_{T_1} \underbrace{\frac{\gamma_{ab}}{\gamma_{ab}^2 + \Delta^2}}_{T_2 L(\Delta)} (\rho_{aa} - \rho_{bb})$$

$$L(\Delta) = \frac{\gamma_{ab}^2}{\gamma_{ab}^2 + \Delta^2}$$

Lorentzian function
contains the effect of the detuning

$$\rho_{aa} - \rho_{bb} = \Delta \rho_0 - 2\Omega^2 T_1 T_2 L(\Delta) (\rho_{aa} - \rho_{bb})$$

$$\rho_{aa} - \rho_{bb} = \frac{\Delta \rho_0}{1 + 2\Omega^2 T_1 T_2 L(\Delta)}$$

saturation

The stronger is the field, the smaller is the population difference

For $\Delta=0$ (on resonance)

$$S_{aa} - S_{bb} = \frac{\Delta \rho_0}{1 + 2\Omega^2 T_1 T_2} = \frac{\hbar \Delta \rho_0}{1 + I/I_s}$$

I - intensity of the laser field $I = c \epsilon_0 |E_0|^2$

I_s - saturation intensity ($2\Omega^2 T_1 T_2 = 1$)

$$I_s = \frac{c \epsilon_0 (2\hbar \rho_{ab})^2}{T_1 T_2} = \frac{\rho_{ab}^2 \epsilon_0}{\hbar}$$

$$S_{ab} = i\Omega \frac{S_{aa} - S_{bb}}{\gamma_{ab} + i\Delta} = i \frac{\Omega}{\gamma_{ab} + i\Delta} \frac{\hbar \Delta \rho_0}{1 + I/I_s}$$

Induced polarization $P = \rho_{ab} S_{ab}$

$$P_0(z) = -i \frac{\rho_{ab}^2}{\hbar} \frac{\Delta \rho_0}{1 + I/I_s} \frac{1}{\gamma_{ab} + i\Delta} \cdot E_0(z)$$

Introducing the susceptibility again $P_0 = \epsilon_0 \chi E_0$

$$\chi = -i \frac{\rho_{ab}^2}{\epsilon_0 \hbar} \frac{\Delta \rho_0}{1 + I/I_s} \frac{1}{\gamma_{ab} + i\Delta} = \frac{-i\gamma_{ab} + \Delta}{\Delta^2 + \gamma_{ab}^2} \frac{\rho_{ab}^2}{\epsilon_0 \hbar} \frac{\Delta \rho_0}{1 + I/I_s}$$

The absorption coefficient $E(z) = e^{-\alpha z} E_0(z)$

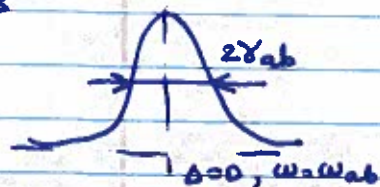
$$\alpha = \frac{k}{2} \chi'' = - \left[\frac{\rho_{ab}^2}{2\epsilon_0 \hbar} k \frac{\Delta \rho_0}{1 + I/I_s} \frac{\gamma_{ab}}{\Delta^2 + \gamma_{ab}^2} \right] \frac{L(\omega)}{\gamma_{ab}}$$

$$\alpha = \underbrace{\frac{\rho_{ab}^2}{2\epsilon_0 \hbar} k \frac{\Delta \rho_0}{\gamma_{ab}}}_{\alpha_0} \frac{L(\omega)}{1 + I/I_s}$$

The absorption coefficient depends on the light intensity (welcome to nonlinear optics!)

Very weak optical field $I \ll I_s$

$$d(\Delta) \approx d_0 L(\Delta) = d_0 \frac{\gamma_{ab}^2}{\gamma_{ab}^2 + \Delta^2}$$



same lineshape as for the classical oscillator model!

$$d_0 = -\frac{k}{2} \frac{P_{ab} \Delta \rho_0}{E_0 \gamma_{ab}} = -\frac{k}{2} \frac{P_{ab}}{E_0 \gamma_{ab}} (\rho_{aa}^{(0)} - \rho_{bb}^{(0)})$$

Resonant unsaturated absorption* (most of the time)

$$E_s(z) = E_s(0) e^{-d_0 z} \quad (\text{for } \Delta=0)$$

If $d_0 > 0$, $E_s(z)$ weakens as it propagates through the atoms \rightarrow absorption

$$d_0 > 0 \quad \Delta \rho_0 < 0 \quad \rho_{aa}^{(0)} < \rho_{bb}^{(0)}$$

no population inversion

$$\text{If } d_0 < 0 \quad E_s(z) = E_s(0) e^{+|d_0|z} \quad \text{— field grows}$$

gain medium

Requires population inversion $\rho_{aa}^{(0)} > \rho_{bb}^{(0)}$

$$\lambda_a / \gamma_a > \lambda_b / \gamma_b$$

Unless we are talking about some exotic quantum effects, the population inversion is required for amplification (will get back to that when discussing lasers)

Strong EM field $I \geq I_s$
 nonlinear susceptibility $\chi(I)$

$$\frac{\partial \epsilon}{\partial z} = -d\epsilon \quad I = \epsilon \epsilon_0 \frac{|E|^2}{2}$$

$$\frac{\partial I}{\partial z} = -2dI = -2d_0 I \frac{L(\Delta)}{1 + I/I_s L(\Delta)}$$

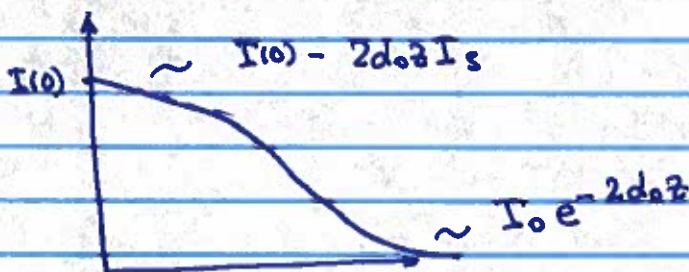
Solving this equation

$$\ln \left(\frac{I(z)}{I(0)} \right) + \frac{1}{I_s} (I(z) - I(0)) L(\Delta) = -2d_0 L(\Delta) z$$

Exact solution, but not terribly illuminating

$I \gg I_s$ and $L(\Delta) \sim 1$

$$I(z) \approx I(0) - 2d_0 z I_s$$



Detuning dependence

Unsaturated $I(\Delta, z) = I_0 e^{-d_0 z \frac{\gamma_{ab}^2}{\gamma_{ab}^2 + \Delta^2}}$

