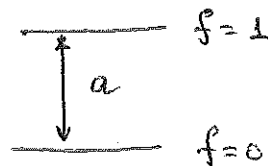


Weak magnetic field: hyperfine interaction dominates

In this case we treat $\hat{H} = \hat{H}_{\text{Coulomb}} + \hat{H}_{\text{FS}} + a/\hbar^2 \hat{S} \cdot \hat{I}$ as an unperturbed Hamiltonian, with the wave function basis $\Psi_{n\ell s j f m_f}$; $E_{n j f}$; for a given n , $j = s = 1/2$



To calculate the effect of the magnetic field, we need to calculate

$$\Delta E_{\text{Zeeman}} = \langle f m_f | k_1/\hbar \hat{S}_z + k_2/\hbar \hat{I}_z | f m_f \rangle$$

Following the same argument as in the case of the fine structure, we can state that since \vec{S} and \vec{I} are both precessing around \vec{F} (since f and m_f provide directional information), then time-averaged values of both \vec{S} and \vec{I} along \vec{F} are conserved, and the perpendicular component averages to zero. Thus

$$\vec{S}_{\text{ave}} = \vec{F} \frac{\langle \vec{F} \cdot \vec{S} \rangle}{\langle F^2 \rangle} = \vec{F} \frac{\langle F^2 \rangle + \langle S^2 \rangle - \langle I^2 \rangle}{\langle F^2 \rangle} = \vec{F} \quad (\text{for } s = I = 1/2)$$

$$\text{and } \langle \hat{S}_{z \text{ave}} \rangle = \langle F_z \rangle = \hbar m_f$$

$$\text{Similarly } \langle \hat{I}_{z \text{ave}} \rangle = \langle F_z \rangle = \hbar m_f$$

$$\text{Thus } \Delta E_{\text{Zeeman}} = (k_1 - k_2) m_f$$



$B = 0$ $B > 0$

Hyperfine structure + magnetic field.

$$\hat{H} = \underbrace{\hat{H}_{\text{Coulomb}} + \hat{H}_{\text{FS}}}_{\text{fixed}} + \underbrace{\frac{a}{\hbar^2} \hat{I} \cdot \hat{S} + 2 \frac{\mu_B B}{\hbar} \hat{S}_z - g_P \frac{\mu_N B}{\hbar} \hat{I}_z}_{\text{perturbation hamiltonian}}$$

Fixed quantum numbers: $n, l=0, s=j=1/2, I=1/2$ (4x degenerate)
 Strong magnetic field: we ignore the $\hat{I} \cdot \hat{S}$ term

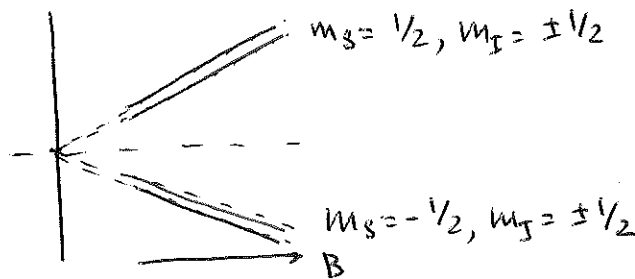
Dominating perturbation:

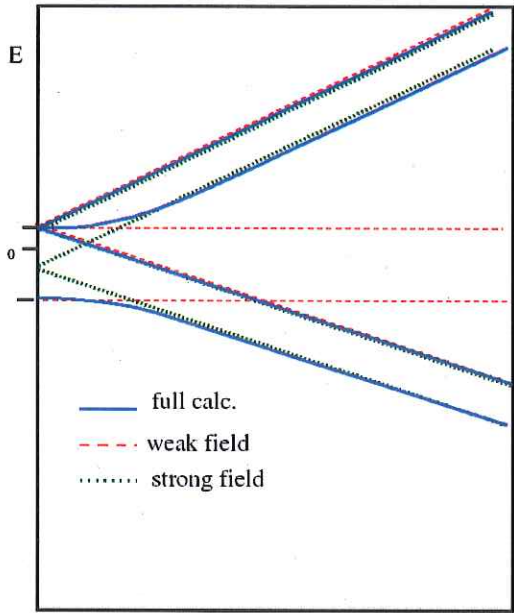
$$2 \frac{\mu_B B}{\hbar} \hat{S}_z - g_P \frac{\mu_N B}{\hbar} \hat{I}_z \equiv \frac{k_1}{\hbar} \hat{S}_z - \frac{k_2}{\hbar} \hat{I}_z$$

(keep in mind $k_2 \ll k_1$, since $\mu_N = m_e/m_p \mu_B$)

Good basis to work with: $|m_S, m_I\rangle$

Energy corrections: $\Delta E_{m_S m_I} = k_1 m_S - k_2 m_I$





↑
weak
field
 $|f, m_f\rangle$

↑
strong
field
 $|m_s, m_I\rangle$