

Time evolution of a quantum system

$$|\psi(t=0)\rangle \xrightarrow[t=0]{\text{time-evolution operator}} |\psi(t)\rangle = \hat{U}(t) |\psi(t=0)\rangle$$

$$\hat{U}(t) = e^{-i\hat{H}t/\hbar}$$

where \hat{H} is Hamiltonian, the energy operator

Schrödinger equation:

$$i\hbar \frac{d}{dt} |\psi(t)\rangle = \hat{H} |\psi(t)\rangle$$

$\hat{H} = \hat{H}^\dagger$ - Hermitian operator
eigenvalues - energy levels

$$|\psi(t)\rangle = e^{-i\hat{H}t/\hbar} |\psi(0)\rangle$$

Time evolution is the easiest to predict for eigenstates of \hat{H}

$$\hat{H} |E\rangle = E |E\rangle$$

here $|E\rangle$ is an eigenstate corresponding to the energy eigenvalue E

When we talk about "energy levels" of an atom or molecule or any other quantum system, that's what we usually mean.

That's also what a lot of people calculate for, for example, complex molecules to figure out their structure.

$|E\rangle$ are often referred to as "stationary" states, since their time evolution is trivial (a time-dependent phase factor)

Indeed, if $|\psi(t=0)\rangle = |E\rangle$

$$|\psi(t)\rangle = e^{-i\hat{H}t/\hbar} |\psi(t=0)\rangle = \left(\hat{1} + \left(\frac{-it}{\hbar}\right) \hat{H} + \frac{1}{2!} \left(\frac{-it}{\hbar}\right)^2 \hat{H}^2 + \dots \right) |E\rangle$$

$$= \left(\hat{1} + \left(-\frac{itE}{\hbar}\right) + \frac{1}{2!} \left(-\frac{itE}{\hbar}\right)^2 + \dots \right) |E\rangle = e^{-itE/\hbar} |E\rangle$$

Thus, the ~~time~~ expectation value of any operator in such a stationary state does not change in time

$$\langle \hat{A}(t) \rangle = \langle \psi(t) | \hat{A} | \psi(t) \rangle = e^{itE/\hbar} \langle E | \hat{A} | E \rangle e^{-itE/\hbar} =$$

$$= \langle E | \hat{A} | E \rangle = \langle \hat{A} | t=0 \rangle$$

It is not the case in general, even if an operator does not have an explicit time dependence.

Indeed, for any state the Schrödinger equation predicts:

$$i\hbar \frac{d}{dt} |\psi(t)\rangle = \hat{H} |\psi(t)\rangle$$

and for the bra vector

$$-i\hbar \frac{d}{dt} \langle \psi(t) | = \langle \psi(t) | \hat{H}^+ = \langle \psi(t) | \hat{H} \quad (\hat{H} = \hat{H}^+)$$

Thus $\frac{d}{dt} \langle \hat{A}(t) \rangle = \frac{d}{dt} \langle \psi(t) | \hat{A} | \psi(t) \rangle =$

$$= \left(\frac{d}{dt} \langle \psi(t) | \right) \hat{A} |\psi(t)\rangle + \langle \psi(t) | \frac{d\hat{A}}{dt} | \psi(t) \rangle + \langle \psi(t) | \hat{A} \right) \left(\frac{d}{dt} \langle \psi(t) | \right)$$

↑
If $\hat{A} \neq \hat{A}(t)$, this term disappears

$$\begin{aligned}
 \frac{d}{dt} \langle \hat{A}(t) \rangle &= \left(\frac{d}{dt} \langle \psi(t) | \hat{A} | \psi(t) \rangle \right) + \left(\langle \psi(t) | \hat{A} \left(\frac{d}{dt} \right) | \psi(t) \rangle \right) = \\
 &= -\frac{i}{\hbar} \langle \psi(t) | \hat{H} \hat{A} | \psi(t) \rangle + \frac{i}{\hbar} \langle \psi(t) | \hat{A} \hat{H} | \psi(t) \rangle = \\
 &= \frac{i}{\hbar} \langle \psi(t) | [\hat{H}, \hat{A}] | \psi(t) \rangle
 \end{aligned}$$

So if \hat{A} and \hat{H} commute, the expectation values of \hat{A} will be constant in time for any state - constants of motion

Two-level system (with two energy levels)

$$\begin{array}{ccc}
 \text{--- } E_2 & \hat{H}|1\rangle = E_1|1\rangle & \\
 & \hat{H}|2\rangle = E_2|2\rangle & \\
 \text{--- } E_1 & &
 \end{array}$$

$$\begin{aligned}
 \text{If } |\psi(t=0)\rangle &= |1\rangle \rightarrow |\psi(t)\rangle = e^{-iE_1 t/\hbar} |1\rangle \\
 |\psi(t=0)\rangle &= |2\rangle \rightarrow |\psi(t)\rangle = e^{-iE_2 t/\hbar} |2\rangle
 \end{aligned}$$

$$\text{If } |\psi(t=0)\rangle = \frac{1}{\sqrt{2}}(|1\rangle + |2\rangle) \text{ then}$$

$$|\psi(t)\rangle = \frac{1}{\sqrt{2}}(e^{-iE_1 t/\hbar} |1\rangle + e^{-iE_2 t/\hbar} |2\rangle)$$

What is the probability to find the system in the same state $\frac{1}{2}(|1\rangle + |2\rangle)$ as time goes by?

$$\begin{aligned}
 P_{1+2} &= \left| \langle \text{target state} | \text{system state} \rangle \right|^2 = \\
 &= \frac{1}{4} \left| (\langle 1 | + \langle 2 |) (e^{-iE_1 t/\hbar} |1\rangle + e^{-iE_2 t/\hbar} |2\rangle) \right|^2 = \\
 &= \frac{1}{4} \left| e^{-iE_1 t/\hbar} + e^{-iE_2 t/\hbar} \right|^2 = \frac{1}{4} \underbrace{\left| e^{\frac{-i(E_2-E_1)t}{2\hbar}} \right|^2}_{=1} \times \\
 &\quad \times \left| e^{-i(E_2-E_1)t/\hbar} + e^{i(E_2-E_1)t/\hbar} \right|^2
 \end{aligned}$$

$$= \left| \frac{e^{i(E_2-E_1)t/\hbar} + e^{-i(E_2-E_1)t/\hbar}}{2} \right|^2 = \cos^2\left(\frac{(E_2-E_1)t}{2\hbar}\right)$$

Going through similar steps, we

can find the probability of finding system in state $\frac{1}{\sqrt{2}}(|1\rangle - |2\rangle)$

$$\begin{aligned} P_{1,2} &= \frac{1}{4} \left| \langle (1\langle - \langle 2|) (e^{-iE_1 t/\hbar} |1\rangle + e^{-iE_2 t/\hbar} |2\rangle) \right|^2 = \\ &= \frac{1}{4} \left| e^{-iE_1 t/\hbar} - e^{-iE_2 t/\hbar} \right|^2 = \sin^2\left(\frac{(E_2-E_1)t}{2\hbar}\right) \end{aligned}$$

At the same time $P_{1,2}$ (the probability of finding the system in a state $|1\rangle$ or $|2\rangle$) stays the same

$$\begin{aligned} P_{1,2} &= \frac{1}{2} \left| \langle 1,2| (e^{-iE_1 t/\hbar} |1\rangle + e^{-iE_2 t/\hbar} |2\rangle) \right|^2 = \\ &= \frac{1}{2} \left| e^{-iE_{1,2}t/\hbar} \right|^2 = \frac{1}{2} \end{aligned}$$

We can say that the populations at the levels 1 and 2 stay constant, while the system ~~evolves~~ evolves from $\frac{1}{\sqrt{2}}(|1\rangle + |2\rangle)$ to $\frac{1}{\sqrt{2}}(|1\rangle - |2\rangle)$

in time with frequency $\omega = \frac{E_2 - E_1}{2\hbar}$