#### Squeezed states of light with hot atoms

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$$E(\phi) = |a|e^{-i\phi} = |a|\cos(\phi) + i|a|\sin(\phi) = X_1 + iX_2, \quad \phi = \omega t - kz$$



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## Transition from classical to quantum field

#### Classical analog

- Field amplitude a
- Field real part  $X_1 = (a^* + a)/2$
- Field imaginary part  $X_2 = i(a^* a)/2$



#### Quantum approach

- Field operator â
- Amplitude quadrature  $\hat{X_1} = (\hat{a}^\dagger + \hat{a})/2$
- Phase quadrature  $\hat{\chi_2} = i(\hat{a}^{\dagger} \hat{a})/2$



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Light consist of photons •  $\hat{N} = a^{\dagger} a$ Commutator relationship •  $[a, a^{\dagger}] = 1$ •  $[X_1, X_2] = i/2$ Detectors measure number of photons N • Quadratures  $\hat{X}_1$  and  $\hat{X}_2$ Uncertainty relationship •  $\Delta X_1 \Delta X_2 > 1/4$ 

# Heisenberg uncertainty principle and its optics equivalent



#### Heisenberg uncertainty principle

 $\Delta p \Delta x \geq \hbar/2$ 

The more precisely the POSITION is determined, the less precisely the MOMENTUM is known, and vice versa

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#### Heisenberg uncertainty principle

 $\Delta p \Delta x \geq \hbar/2$ 

The more precisely the POSITION is determined, the less precisely the MOMENTUM is known, and vice versa

#### Optics equivalent

 $\Delta \phi \Delta N \geq 1$ 

The more precisely the PHASE is determined, the less precisely the AMPLITUDE is known, and vice versa

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#### Optics equivalent

 $\Delta \phi \Delta N \geq 1$ 

The more precisely the PHASE is determined, the less precisely the AMPLITUDE is known, and vice versa

#### Optics equivalent strict definition

 $\Delta X_1 \Delta X_2 \ge 1/4$ 

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Squeezing with hot atoms



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Take a vacuum state |0>



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Take a vacuum state |0>

Apply squeezing operator  $|\xi>=\hat{S}(\xi)|0>$ 



$$\hat{\mathsf{S}}(\xi) = \pmb{e}^{rac{1}{2}\xi^* \pmb{a}^2 - rac{1}{2}\xi \pmb{a}^{\dagger 2}}$$

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### Photon number of squeezed state $|\xi>$



Probability to detect given number of photons  $C = < n | \xi >$  for squeezed vacuum

even

$$C_{2m} = (-1) \frac{\sqrt{(2m)!}}{2^m m!} \frac{(e^{i\theta} \tanh r)^m}{\sqrt{\cosh r}}$$

odd

 $C_{2m+1} = 0$ 

Average number of photons in general squeezed state

$$< \alpha, \xi | \boldsymbol{a}^{\dagger} \boldsymbol{a} | \alpha, \xi > = \alpha + \sinh^2 r$$

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# Two photon squeezing picture



#### Squeezing operator

$$\hat{S}(\xi)=oldsymbol{e}^{rac{1}{2}\xi^*oldsymbol{a}^{2}-rac{1}{2}\xioldsymbol{a}^{\dagger 2}}$$

Parametric down-conversion in crystal

$$\hat{H}=i\hbar\chi^{(2)}(a^{2}b^{\dagger}-a^{\dagger2}b)$$



#### Squeezing

maximum squeezing value detected 11.5 dB at 1064 nm Moritz Mehmet, Henning Vahlbruch, Nico Lastzka, Karsten Danzmann, and Roman Schnabel, Phys. Rev. A **81**, 013814 (2010)

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R. E. Slusher, L. W. Hollberg, B. Yurke, J. C. Mertz, and J. F. Valley. Phys. Rev. Lett. 55, 2409-2412 (1985)



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# Coupling induced squeezing

M. G. Raizen, L. A. Orozco, Min Xiao, T. L. Boyd, and H. J. Kimble Phys. Rev. Lett. 59, 198-201 (1987)



#### Analysis frequency = 270 MHz

#### Doppler-free spectroscopy of Cs with squeezing

E. S. Polzik, J. Carri, and H. J. Kimble Phys. Rev. Lett. 68, 3020-3023 (1992) Analysis frequency =



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# Squeezing in Fluorescence of Two-Level Atoms <sup>174</sup>Yb

Z. H. Lu, S. Bali, and J. E. Thomas. Phys. Rev. Lett. 81, 3635-3638 (1998)



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Vincent Boyer, Alberto M. Marino, Raphael C. Pooser and Paul D. Lett Science, Vol. 321 no. 5888 pp. 544-547 (2008)



#### Four-wave-mixing induced squeezing

Vincent Boyer, Alberto M. Marino, Raphael C. Pooser and Paul D. Lett Science, Vol. 321 no. 5888 pp. 544-547 (2008)

Analysis frequency = 3.5 MHz





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### Degenerate vacuum squeezing via four-wave-mixing

Neil V. Corzo, Quentin Glorieux, Alberto M. Marino, Jeremy B. Clark, Ryan T. Glasser, and Paul D. Lett Phys. Rev. A 88, 043836 (2013)



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#### Squeezing with hot atoms

# Self-rotation of elliptical polarization in atomic medium



A.B. Matsko et al., PRA 66, 043815 (2002): theoretically prediction of 4-6 dB noise suppression

$$a_{out} = a_{in} + rac{igL}{2}(a_{in}^{\dagger} - a_{in})$$

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# Self-rotation of elliptical polarization in atomic medium



A.B. Matsko et al., PRA 66, 043815 (2002): theoretically prediction of 4-6 dB noise suppression

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# Noise contrast vs detuning in hot <sup>87</sup>Rb vacuum cell



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# Squeezing region

Squeezing



Anti-squeezing

Observation of reduction of quantum noise below the shot noise limit is corrupted by the excess noise due to atomic interaction with atoms.

### Maximally squeezed spectrum with <sup>87</sup>Rb

W&M team. <sup>87</sup>Rb  $F_g = 2 \rightarrow F_e = 2$ , laser power 7 mW, T=65° C



Lezama et.al report 3 dB squeezing in similar setup Phys. Rev. A 84, 033851 (2011)

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<sup>87</sup>Rb D<sub>1</sub> line







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 $^{87}$ Rb D<sub>1</sub> line





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 $^{87}$ Rb D<sub>1</sub> line





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<sup>87</sup>Rb D<sub>1</sub> line







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 $^{87}$ Rb D<sub>1</sub> line







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 $^{87}$ Rb D<sub>1</sub> line



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# Optical magnetometer and non linear Faraday effect

#### Naive model of rotation

Experiment





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# Optical magnetometer and non linear Faraday effect

#### Naive model of rotation

Experiment





#### Shot noise limit of the magnetometer



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#### Squeezed enhanced magnetometer setup



Note: Squeezed enhanced magnetometer was first demonstrated by Wolfgramm *et. al* Phys. Rev. Lett, **105**, 053601, 2010,

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### Magnetometer noise floor improvements



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#### Magnetometer with squeezing enhancement



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#### Self-squeezed magnetometry



Irina Novikova, Eugeniy E. Mikhailov, Yanhong Xiao, "Excess optical quantum noise in atomic sensors", arXiv:1410.3810, (2014).

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# 20 pT/ $\sqrt{Hz}$ self-squeezed magnetometry with 4WM



N. Otterstrom, R. C. Pooser, and B. J. Lawrie, "Nonlinear optical magnetometry with accessible in situ optical squeezing", Optics Letters, **39**, Issue 22, pp. 6533-6536 (2014)

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- Quantum memories
- M. S. Shahriar, et al. "Ultrahigh enhancement in absolute and relative rotation sensing using fast and slow light", Phys. Rev. A 75(5), 053807, 2007.
- R. W. Boyd, et al. "Noise properties of propagation through slowand fast- light media", Journal of Optics **12**, 104007 (2010).

# Light group velocity

Group velocity 
$$v_g = \frac{c}{\omega \frac{\partial n}{\partial \omega}}$$

Susceptibility



# Light group velocity

Group velocity 
$$v_g = \frac{c}{\omega \frac{\partial n}{\partial \omega}}$$

Magnetic field (G)

Delay 
$$\tau = \frac{L}{v_g} \sim \frac{\partial n}{\partial \omega} \sim \frac{\partial R}{\partial B}$$

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# Light group velocity



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### Squeezing modulation and time advancement



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### Squeezing modulation and time advancement



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### Squeezing advancement vs atomic density



G. Romanov, et al. Optics Letters, Issue 4, 39, 1093-1096, (2014)

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### Noise figure and advancement

R. W. Boyd, et al. "Noise properties of propagation through slow- and fast- light media", Journal of Optics **12**, 104007 (2010).

$${\cal F}=rac{SNR_{in}}{SNR_{out}}=1/T=e^{2\gamma\Delta t_a}$$



# Squeezing and self-focusing



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# Noise with knife edge mask

Same side cut (= before BS)



Opposite sides cut





#### Simple round mask



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#### Transmissive ring mask



#### 8% blocking disk

#### 25% blocking disk



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#### Constant transmission map



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#### Constant iris size map



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#### People



Irina Novikova, Mi Zhang, Gleb Romanov and Travis Horrom (NIST), LSU group of Jonathan P. Dowling, Yanhong Xiao (Fudan, China) and Arturo Lezama (Instituto de Física, Uruguay)

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